

**PEMBROKESHIRE TRISTARS TRIATHLON**

**PEMBROKE LEISURE CENTRE**

**17th MAY 2009**

**RESULTS**

**CATEGORY: TRISTAR 3 MALE**

**(300m swim | 6km cycle | 2.4k run)**

<b>POS</b>	<b>NAME</b>	<b>CLUB</b>	<b>NO.</b>	<b>CAT.</b>	<b>M/F</b>	<b>SWIM</b>	<b>T1</b>	<b>BIKE</b>	<b>RUN (incl T2)</b>	<b>TOTAL TIME</b>
1	Liam Bradley		283	T3	M	04:32	01:02	17:18	10:45	33:37
2	Jack Rees	Pembrokeshire Tri	280	T3	M	04:42	01:08	19:40	10:27	35:57
3	Sam Silke	Celtic Tri	282	T3	M	04:07	01:17	19:12	11:37	36:13
4	James Colburn	Celtic Tri	281	T3	M	05:08	01:44	21:44	12:50	41:26
5	Morgan Edmonds		279	T3	M	05:36	01:44	21:15	14:39	43:14
	Ieuan Cooke	Pembrokeshire Tri	284	T3	M	04:33	01:13	18:33		DNF