

PEMBROKESHIRE TRISTARS TRIATHLON

PEMBROKE LEISURE CENTRE

17th MAY 2009

RESULTS

CATEGORY: TRISTAR 1 FEMALE

(150m swim | 2km cycle | 1.2km run)

POS	NAME	CLUB	NO.	CAT.	M/F	SWIM	T1	BIKE	RUN (incl T2)	TOTAL TIME
1	Lili Mather		238	T1	F	02:38	01:36	08:52	05:21	18:27
2	Libby Saunders	Tri Cycle NW	237	T1	F	02:40	02:09	09:38	05:27	19:54
3	Amelia Edmonds	Taf Ely Tri	235	T1	F	03:05	02:37	09:54	06:24	22:00
	Emma Sutton	Taf Ely Tri	236	T1	F	02:07	01:42	09:21		DNF
	Suna Goodman	Pembroke Swim Club	239	T1	F	02:55	02:22	10:46		DNF