

Pembrokeshire Triathlon Club

events 2010



Pembrokeshire Duathlon

11.04.10

Neyland
5km run
22km cycle
2.5km run

**Junior Aquathlon
16-05-10
Junior Triathlon
12-06-10**



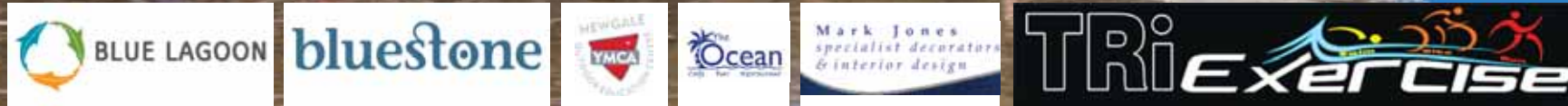
TriExercise Pembrokeshire Coast Triathlon

03.07.10

Broad Haven
1500m swim
43km cycle
10.2km run



Pembrokeshire Coast Triathlon
Triathlon Arfordir Sir Benfro



Pembrokeshire Half Marathon & 10k

26.09.10

Dale



For more information: www.pembrokeshire-tri.org.uk
Email: pembstri@sporty.co.uk Phone: 07975 925365



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