

Pembrokeshire Half Marathon & 10k

EVENT FEEDBACK

General - 2008

“Just wanted to say thank you for yesterday. As usual, tremendously well run and a huge credit to you all. Congratulations. I must get fitter!!”

“17 Ingli Runners at races today. Can we say more about how much we appreciate your efforts? Lynn, on behalf of the Inglis. Xx”

“Thanks for organising today, it was great.”

“Just wanted to take this opportunity in thanking you and Pembs Triathlon club for a superb day on Sunday at the Dale 10k and half marathon. It was superbly organised and everyone so helpful and friendly. I look forward to taking part again next year. Many thanks again.”

“Well done again for putting on a very successful event. I really enjoyed competing both this year and last - it must be one of my favourite runs on the calendar. Signage, marshalling and water stations were excellent; the admin on the day and in the run up was great; and the prizes numerous and well chosen (I'm much more popular bringing home a bottle of wine rather than the little trophies given out by many events!). The support from other Pembs Tri club members and villagers was also much appreciated.”

“I thought the race was superbly organised.”

“I'd like to thank you for a great day on Sunday - fab race, very friendly atmosphere and great course. I hope it'll be my first of many.”

“Thanks for a fabulous day on Sunday. It was my first 10k. I began running at 48 and it has taken me 3 years to get up the gumption to enter.”

“It was a good day, well organised, well done”

“I very much enjoyed running the race, I'm hoping to do it again next year. Thank you very much.”

Through Runner's World (2004-2008)

The big picture (14 votes)		
Overall score		90%
How many would do it again?		100%
Details:		
Scenery		94%
PB potential		47%
Atmosphere		80%
Organisation		86%
Value		90%
Beginner-friendliness		70%

"My first ever 1/2 & may be not a good choice for my very first in terms of the course. Still, all the rest should be easy in comparison! Very enjoyable day, people all very friendly, goody bag a bit sparse but the missus liked the shampoo & gel came in handy. Nice t-shirt which I will be proud to show off." *Overall score: 100%*

"Great atmosphere, organisation & scenery." *Overall score: 100%*

"Did the 10k, which was enjoyable apart from the hill! A great event, "big race" atmosphere, great organisation, very friendly marshals and cheering spectators. One for next year's calendar." *Overall score: 80%*

"If you need a challenge, then this is for you." *Overall score: 80%*

"Never done the run before but thoroughly enjoyed it and loved the slogan on the back of the t shirt. Well done Pembrokeshire Tri Club. It was worth the 5 hour round trip." *Overall score: 80%*

"Great race, well organised, some nice sharp hills and spectacular views around the Dale Peninsula." *Overall score: 80%*

"Leave your watch at home and enjoy that wonderful Welsh countryside". *Overall score: 80%*

"A race to give muscle ache for days!!!! My first Half Marathon and had a great time. Well organized and the spectators were really uplifting. A fantastic race for anyone looking for a hilly challenge." *Overall score: 80%*

"Well worth the visit - think twice about a PB. Well done especially all the marshals. They were really encouraging, they needed to be because it felt that every corner you turned there was another up hill. The scenery was absolutely great and something to soak up. Goody bag was super and the T shirt fab. Calling out your name as you came

to the finish was uplifting and you felt that sense of achievement. Highly recommend. Well done Pembs Tri." *Overall score: 80%*

"Absolutely glorious scenery throughout, Testing course and beautiful finish location in Dale. Absolutely stunningly beautiful area and the route that you run lets you see plenty of splendid bay views, estuaries and countryside. Whilst the course is challenging in places it is pacy in others. Loads of prizes and a raffle, splendid little cafe with views and Race HQ, and showers in the Yacht Club. Forget city marathons, and get yourself out to Dale next year." *Overall score 80%*

Wow! Very tough, not a flat bit in sight and very windy! This was my first half as part of my training for New York. Should probably have chosen a flatter race! It was very hilly and made even more challenging by the very strong winds that at times made it hard to breathe. Extremely well organised race, very friendly people, great goody bag! The scenery was breathtaking, it was what kept me going! Will definitely do it again next year in the hope of less wind and no back ache... so a better time! *Overall score 100%*

Stunning route, mildly challenging and windy on the hills. With a dip in the sea at the finish to cool off what more could you want? Superb goodie bag, friendly and well organised. Undulating route with a few hills and breathtaking views from many parts. Well worth it. If it clashes with the Swansea Bay 10k again next year this is the one to choose. Outstanding. Well placed water, well marshaled and St Johns. *Overall score: 100%*

Good race. Very challenging course. *Overall score: 80%*

This was my first half-and what a one to pick! Was very difficult with lots of hills but was absolutely fantastic. Definitely will do it again next year and had a really cool t-shirt!
Overall score: 100%