



February 2010

Dear Cyclo sportive Competitor

The Preseli Angel is into her second year of challenging early season fitness amongst the quiet roads, varied terrain and spectacular coastal and mountain scenery in the North Pembrokeshire/South Ceredigion region of West Wales.

A challenging and fully way-marked route has been set at 86 miles total distance this year and, overall, the Preseli Angel offers a challenging but eminently do-able course that will suit early season fitness levels. Think of it as good preparation for the rest of the CycloSportive season including the other key events in West Wales, namely the Merlin Ride and the Tour of Pembrokeshire, both held later in the year.

We're really pleased to introduce the Preseli Cherub this year. A cheeky little 17 mile ride designed for newcomers, families and those who fancy a more gentle view of beautiful Pembrokeshire scenery. As for the Preseli Angel herself, the 86 miles comprises two 'loops'; Loop 1 at 47 miles and the optional Loop 2 at 39 miles. Loop 1 challenges those relatively comfortable at 'a few hours' on a bike; adding Loop 2 raises the bar to proper Cyclo sportive levels – enjoy!

Stuff you should know about and what to do next:

Entry fees: Preseli Cherub (17 miles), individuals £5, families (no restrictions!) £10.
Preseli Angel, 47 miles £15.00
Preseli Angel, 86 miles £20.00
Date: Sunday, 2nd May 2010

Also new this year will be a dedicated registration area and post-ride hang-out zone. The latter will be available for you to relax, wind down and swap stories of how good you were whilst enjoying a hot meal and refreshments, courtesy of us. Oh, and you can compare and contrast the contents of the goody bag we're also going to give you. Blimey! Could we be any more generous?

For all the information you need to enter this year's event, please go to:
www.velo-teifi.org.uk.

We look forward to seeing you again in May.

Yours in sport

The Preseli Angel Team