

DALE HALF MARATHON 2006

	Name		Club	Cat
1	Howarth	Adrian	Pembs Tri	OM
2	Lloyd	Sue	Pembs Harriers	VF
3	Elliot	Gareth	Pembs Harriers	OM
4	Warren	Mark		0 VM
5	Henley	Vicky		0 VF
6	Dyu	Lily	Team Deviant	OF
7	Dobson	Terry	Pembs Tri	VM
8	Arnold	Jayne	3 M's Gorseinon	OF
9	Arnold	Paul	3 M's Gorseinon	OM
10	Low	Martin		0 SVM
11	Matthews	Justin Geraint		0 OM
12	Williams	Mervyn	Pembs Tri	OM
			Chapel Allerton Road	
13	Robinson	Gareth	Rummers	OM
14	Harris	Martin		0 OM
15	Driver	Kat	Pembs Harriers	OF
16	Protheroe	Jason		0 OM
17	Abbott	Andrew	Sarn Helen	OM
18	Chandler	Kathryn		0 OF
19	Marsh	Katy		0 OF
20	Davies	Martin	Trots	OM
21	Phillips	David	Pembs Harriers	SVM
22	McAdams	John		0 VM
23	Thomas	Clive	Trots	VM
24	Coombs	Roger	Trots	VM
25	Bateman	Edward	Pembs Harriers	VM
26	Tomkinson	Penny		0 VF
27	Bailey	Michael	Pembs Harriers	OM
29	Dunn	Christopher		0 OM
30	Davies	Robin		0 VM
31	Davies	Gareth		0 OM
32	Jenkins	Ron		0 VM
33	Owen	Joanna		0 VF
34	Forster	Julian		0 VM
35	Davies	Caryl	Sarn Helen	OF
36	Gibby	Dave		0 OM
37	Jones	Elin	Pembs Tri	VF
38	Jones	Gareth	Pembs Tri	VM
39	Griffiths	Michael		0 SVM
40	Colman	Paul	Pembrokeshire Harriers	VM
41	Elcomb	Lucy	Pembs Tri	OF
42	James	Michael	Pembrokeshire Harriers	OM
43	Harris	Jennifer		0 OF
44	Edwards	Paul	Pembrokeshire Harriers	VM

45	Moss	James		0	OM
46	Moss	Adele		0	OF
47	Hulland	Gaynor	3M Road Runners Gorseinon		VF
48	Smith	Bob		0	VM
49	Sharpe	Fay	3M Road Runners Gorseinon		SVF
50	Suorsa	Jarmo		0	VM
51	Sinnett	John	Pembrokeshire Harriers		VM
52	Watts	Allen	Sarn Helen		SVM
53	Green	Michael		0	VM
54	Smith	Patrick		0	VM
55	Howells	David	Pembs Tri		SVM
56	Rees	John		0	VM
57	O'Sullivan	Seamus		0	OM
58	Thomas	Stephen		0	VM
59	Brown	Terry		0	VM
60	Langford	David		0	VM
61	Walker	Helen	Pembrokeshire Harriers		SVF
62	Walker	Peter	Pembrokeshire Harriers		SVM
63	Chartlet	Pauline	Pembrokeshire Harriers		VF
64	Hodges	Mike	Trots		SVM
65	Bell	Janet	Pembrokeshire Harriers		SVF
66	Griffiths	Dave	Trots		VM
67	Hill	Kevin	Pembs Tri		OM
68	Hill	Becky		0	VF
69	Burn	Robin		0	SVM
70	Racz	Lucy		0	VF
71	Harris	Peter		0	OM
72	Buck	Jim	Pembs Tri		VM
73	Diego	Cliff		0	SVM
74	Williams	Helen	Trots		VF
75	Thomas	Barbara	Pembrokeshire Harriers		SVF
76	Manze	Marilyn	Edmonton Running Club		SVF
77	Roberts	Shan	Ingli Runners		VF
78	Roberts	Neville	Ingli Runners		VM
79	Marks	Catherine		0	OF
80	Evans	Darren	Pembs Tri		OM
81	Padfield	James	Swansea University		OM
82	Gray	Gerald	Multisport		SVM
83	Daniels	Hugh		0	OM
84	Powell	Cennydd		0	OM
85	Jones	Gareth	Sarn Helen		VM
86	Jones	Jan	Sarn Helen		VF
87	Lawrence	Michael	Pembrokeshire Harriers		VM
88	Stone	Julian		0	OM
89	Dunscombe	Mark	Sarn Helen		VM
90	Inclendon	Richard		0	VM
91	Coates	Carlton	Pembs Tri		VM
92	Slack	Paul		0	OM
93	Perrett	David		0	0

**DALE 10K
2006**

	Name		Club	Cat
1	Jones	Brian		VM
2	Davies	Neil		0 OM
3	Reynolds	Helen		0 VF
4	Ugwidike	Pam		0 VF
5	Woollard	Liz		0 SVF
6	Smith	Mark		0 OM
7	Wilkes	Don		0 OM
8	Brown	Steve		0 VM
9	Owen-Williams	Nia	Pembs Tri	OF
10	Phillips	Alec		0 VM
11	Vesey	Sarah		0 OF
12	Rogers	Joanne		0 OF
13	Sexton	Tasha	Ingli Runners	OF
14	Sexton	Chris	Ingli Runners	VM
15	Haworth	Jennifer		0 SVF
16	Mcquillan	Jules	Pembs Harriers	SVF
17	Rowley	Michelle		0 VF
18	Rogers	Stuart	Pembs Tri	OM
19	Grey	Vivienne		0 VF
20	Grey	Andrew		0 SVM
21	Colman	Jill	Pembrokeshire Harriers	VF
22	Walters	Louise		0 OF
23	Capper	John		0 VM
24	Miller	Paul		0 OM
25	Watson	Les	Pembs Tri	VM
26	Watson	Luke	Pembs Tri	OM
27	Evans	Richard		0 SVM
28	Withers	Robin	Pembs Tri	VM
29	Banks	Rebecca	Pembrokeshire Harriers	OF
30	Davies	Mark	Pembs Tri	OM
31	Jones	Lucy		0 OF
32	Burnett	Sandra		0 VF
33	Webb	Michael		0 VM
34	Evans	Linda		0 OF
35	Aldred-Jones	Helen	Pembs Tri	OF
36	Aldred-Jones	Steven	Pembs Tri	OM
37	Kirkpatrick	James		0 VM
38	Morgan	Leeann		0 OF
39	Monday	Alan		0 SVM
40	Jones	Peter		0 0
41	Twiddy	Nicky		0 OF
42	Tudor	Alison		0 VF
43	Tudor	Thomas		0 OM

44	Evans	Keri-Ann		0	OF
45	Reynolds	Claire		0	OF
46	Rutter	Julian		0	SVM
47	Dyde	Lorraine	Pembrokeshire Harriers		SVF
48	Oughton	Paul		0	VM
49	Westacott	Jackie		0	VF
50	Cross	Kate	Pembs Tri		OF
51	Sherwood	Roland	Amman Valley		SVM
52	Hand	Tanis	Trots		VF
53	Abbott	Phill		0	VM
54	Muther	Darren		0	OM
55	Wells	Lee	Pembs Tri		OM
56	Deacon	Claire		0	0