

**PEMBROKESHIRE TRIATHLON CLUB - 2011 WEDNESDAY BIKE PROGRAMME**

<b>DATE</b>	<b>RIDE</b>	<b>START TIME</b>	<b>WHERE</b>
13 April 2011	<b>Club Session</b>	<b>18:30</b>	Haverfordwest Cricket Club
20 April 2011	<b>Club Session</b>	<b>18:30</b>	Haverfordwest Cricket Club
27 April 2011	<b>Velos Time Trial: Bangeston 10</b>	19:00	Bangeston
04 May 2011	<b>Club Session</b>	19:00	Haverfordwest Cricket Club
11 May 2011	<b>Club Session</b>	19:00	Haverfordwest Cricket Club
18 May 2011	<b>40k Time Trial - Club Championship</b>	<b>18:30</b>	Goodwick - Harbour Car Park
25 May 2011	<b>Club Session</b>	19:00	Haverfordwest Cricket Club
01 June 2011	<b>Club Session: Pembs Coast Tri Course (Taster)</b>	<b>18:30</b>	Broad Haven Car Park
08 June 2011	<b>Club Session</b>	19:00	Broad Haven Car Park
15 June 2011	<b>Inter Club Championship Time Trial 1: Neyland 10</b>	19:00	Haverfordwest Cricket Club
22 June 2011	<b>20k Time Trial - Club Championship</b>	19:00	Haverfordwest Cricket Club
29 June 2011	<b>Inter Club Championship Time Trial 2: Redberth 15</b>	19:00	Carew Cricket Field
06 July 2011	<b>Club Session</b>	19:00	Haverfordwest Cricket Club
13 July 2011	<b>Inter Club Championship Time Trial 3: Redberth 10</b>	19:00	Carew Cricket Field
20 July 2011	<b>Club Session</b>	19:00	Haverfordwest Cricket Club
27 July 2011	<b>Velos Time Trial: Bangeston 10</b>	19:00	Bangeston
03 August 2011	<b>20k Time Trial - Club Championship</b>	19:00	Haverfordwest Cricket Club
10 August 2011	<b>Club Session</b>	19:00	Haverfordwest Cricket Club
17 August 2011	<b>40k Time Trial - Club Championship</b>	19:00	Goodwick - Harbour Car Park
24 August 2011	<b>Velos Time Trial: Redberth 15</b>	19:00	Carew Cricket Field
31 August 2011	<b>Club Session</b>	19:00	Haverfordwest Cricket Club
07 September 2011	<b>Club Session</b>	<b>18:30</b>	Haverfordwest Cricket Club
14 September 2011	<b>Club Session</b>	<b>18:30</b>	Haverfordwest Cricket Club