

PEMBROKESHIRE TRIATHLON CLUB - 2010 WEDNESDAY BIKE PROGRAMME

DATE	RIDE	TIME	WHERE
14 April 2010	20k Time Trial - Club Championship	18:30	Haverfordwest Cricket Club
21 April 2010	Club Session	18:30	Haverfordwest Cricket Club
28 April 2010	Velos TT: Sageston - Redberth 10	19:00	Carew Cricket Field
05 May 2010	40k Time Trial - Club Championship	19:00	Goodwick - Harbour Car Park
12 May 2010	Club Session	19:00	Haverfordwest Cricket Club
19 May 2010	Velos TT: Sageston - Redberth 10	19:00	Carew Cricket Field
26 May 2010	Club Session	19:00	Haverfordwest Cricket Club
02 June 2010	Interclub Championship 1: Neyland 10	19:00	Waterston
09 June 2010	Club Session: Pembs Coast Course (Taster)	18:30	Broad Haven Car Park
16 June 2010	Club Session	19:00	Haverfordwest Cricket Club
23 June 2010	Interclub Championship 2: Neyland 10	19:00	Waterston
30 June 2010	Interclub Championship 3: Sageston - Redberth 10	19:00	Carew Cricket Field
07 July 2010	Club Session	19:00	Haverfordwest Cricket Club
14 July 2010	20k Time Trial - Club Championship	19:00	Haverfordwest Cricket Club
21 July 2010	Club Session	19:00	Haverfordwest Cricket Club
28 July 2010	Club Session	19:00	Haverfordwest Cricket Club
04 August 2010	40k Time Trial - Club Championship	19:00	Goodwick - Harbour Car Park
11 August 2010	Velos TT: Sageston - Redberth 10	19:00	Carew Cricket Field
18 August 2010	Club Session	19:00	Haverfordwest Cricket Club
25 August 2010	Velos TT: Neyland 10	19:00	Waterston
01 September 2010	Club Session	19:00	Haverfordwest Cricket Club
08 September 2010	Velos TT: Bangeston - Sageston 10	19:00	Bangeston
15 September 2010	Club Session	19:00	Haverfordwest Cricket Club