



AMBIWLANS AWYR CYMRU WALES AIR AMBULANCE

Wales Air Ambulance is the registered charity that was formed in 2001 to offer an emergency air ambulance service throughout Wales. We now operate 3 helicopters which are based at Swansea, Caernarfon and Welshpool, allowing our crews to reach any part of Wales within 20 minutes. As a result, patients can be stabilised, treated and flown to an appropriate medical centre within 60 minutes. These 60 minutes are known as the 'Golden Hour' as treatment in this time substantially increases the chances of a seriously ill or injured person making a good recovery. As you can imagine, for anyone who enjoys outdoor sporting activities WAA is a vital emergency service.

All of our funding comes from private sources such as donations and sponsorship. To date the generosity of people who live and work in Wales or who visit Wales has allowed us to fly over 12,000 missions.

In 2009 we upgraded our fleet of helicopters and this has meant we can offer an even higher standard of care to our patients whilst flight times have also become even shorter. For example, from Pembrokeshire, we can fly patients to Morriston Hospital in Swansea in 21 minutes and the University Hospital of Wales in Cardiff in just 34 minutes. By saving time, we can save lives.

To operate our life saving service across Wales, costs £5million per annum.

Please support us by getting your friends, family and workmates to sponsor your participation in the TriExercise Pembrokeshire Coast Triathlon as generously as possible. Their generosity and your effort and endurance will help keep us flying and saving lives!