

PEMBROKESHIRE CHILDREN'S TRIATHLON

PEMBROKE LEISURE CENTRE

21st JULY 2007

RESULTS

CATEGORY: TRISTAR 3 FEMALE

(300m swim / 6km cycle / 2.4k run)

POS	NAME	CLUB	NO.	CAT.	M/F	SWIM	T1	BIKE	RUN	TOTAL TIME
1	Heledd Williams	Cardiff Tri	213	T3	F	04:29	01:21	18:31	11:14	35:35
2	Amy Roberts	Llanelli Tri	99	T3	F	05:40	01:29	19:07	11:19	37:35
3	Eleri Buck	Pembrokeshire Tri	100	T3	F	04:32	01:19	20:39	11:35	38:05
4	Claire Fitzpatrick-Smith	Pembrokeshire Tri	96	T3	F	04:13	01:22	20:50	13:21	39:46
5	Meghan Good	Pembrokeshire Tri	114	T3	F	05:15	01:19	23:36	13:18	43:28
6	Amy Colburn	Celtic Tri	95	T3	F	05:17	01:31	24:54	15:01	46:43