

PEMBROKESHIRE CHILDREN'S TRIATHLON

PEMBROKE LEISURE CENTRE

21st JULY 2007

RESULTS

CATEGORY: TRISTAR 1 MALE

(150m swim / 2km cycle / 1.2km run)

POS	NAME	CLUB	NO.	CAT.	M/F	SWIM	T1	BIKE	RUN	TOTAL TIME
1	Samuel Withers	Pembrokeshire Tri	51	T1	M	02:21	01:27	07:55	04:53	16:36
2	Lewis Gibby	Pembroke Swim	211	T1	M	02:38	01:20	08:17	04:49	17:04
3	Ruairidh Cox	Pembrokeshire Tri	32	T1	M	02:49	00:30	09:07	05:29	17:55
4	Jonathan Orchard	Pembroke Swim	54	T1	M	02:21	01:37	08:28	05:30	17:56
5	Oliver Crawford	Pembroke Swim	212	T1	M	02:28	01:17	09:55	05:25	19:05
6	Steffan Williams	Pembrokeshire Tri	47	T1	M	02:44	00:53	10:37	05:20	19:34
7	Euan Cox	Pembrokeshire Tri	34	T1	M	03:35	01:35	09:00	05:41	19:51
8	Freddy Meyrick	Tenby Swim	159	T1	M	02:59	00:56	10:12	06:05	20:12
9	Rhys Fawcett		49	T1	M	03:32	02:16	09:49	05:39	21:16