

PEMBROKESHIRE TRIATHLON CLUB
ANNUAL TRIATHLON
28 MAY 2006
FINAL RESULTS

POS	NAME	CAT.	NO.	SWIM	BIKE	RUN	TOTAL TIME
1	Thomas Owen	M	345	0:06:08	0:26:26	0:11:51	0:44:25
2	Luke Watson	M	346	0:05:38	0:29:17	0:11:05	0:46:00
3	Matt Brown	M	347	0:05:34	0:29:21	0:11:19	0:46:14
4	Roger Devonald	M	344	0:06:27	0:27:42	0:12:11	0:46:20
5	Patrick Martin	M	342	0:06:31	0:29:25	0:12:33	0:48:29
6	Steve Matchett	M	333	0:08:06	0:30:51	0:12:38	0:51:35
7	Robin Withers	M	338	0:08:28	0:31:16	0:13:04	0:52:48
8	Ian Vickery	NM	328	0:08:34	0:30:50	0:13:34	0:52:58
9	Ellie Jones	F	339	0:06:51	0:33:43	0:13:17	0:53:51
10	Lee Wells	NM	302	0:10:46	0:31:58	0:12:50	0:55:34
11	Peter Munn	M	326	0:08:52	0:32:52	0:13:58	0:55:42
12	Adrian Howarth	NM	318	0:10:32	0:33:02	0:13:50	0:57:24
13	Jim Buck	M	337	0:08:36	0:34:58	0:14:05	0:57:39
14	Carlton Coates	NM	305	0:10:25	0:34:55	0:13:50	0:59:10
15	Karen Corcoran	F	324	0:09:27	0:35:58	0:14:57	1:00:22
16	Ian Hipkins	M	317	0:10:20	0:34:30	0:15:40	1:00:30
17	Les Watson	NM	319	0:10:55	0:36:03	0:13:56	1:00:54
18	Kate Cross	F	307	0:09:57	0:36:53	0:14:41	1:01:31
19	Elen Jones	F	310	0:10:01	0:37:32	0:15:00	1:02:33
20	Lucy Elcomb	F	308	0:11:15	0:37:25	0:14:07	1:02:47
21	Darryl Sable	M	331	0:08:52	0:39:06	0:18:59	1:06:57
22	Dave Howells	M	304	0:12:28	0:38:04	0:16:46	1:07:18
23	Elin Jones	F	320	0:10:48	0:46:42	0:16:13	1:13:43
24	Tony Pratt	NM	314	0:11:45	0:44:55	0:19:35	1:16:15
25	Gareth Jones	NM	322	0:11:25	0:46:34	0:19:07	1:17:06
26=	Steven Aldred-Jones	NM	300	0:16:59	1:09:16	0:26:36	1:52:51
26=	Helen Aldred-Jones	NF	301	0:16:59	1:09:16	0:26:36	1:52:51