

PEMBROKESHIRE TRIATHLON CLUB
 ANNUAL CLUB TRIATHLON
 HAVERFORDWEST - 22 MAY 2005
 400m SWIM / 15.5k BIKE / 3.2k RUN

POS	NAME	CAT.	SWIM	BIKE	RUN	TOTAL TIME
1	David Astins	M	6:38	28:25	11:23	46:26
2	Roger Devonald	M	6:20	28:28	11:58	46:46
3	Matt Brown	M	5:41	30:09	11:47	47:37
4	Tom Wye	NM	7:53	30:50	12:58	51:41
5	Richard Thomas	M	8:00	31:19	12:54	52:13
6	Richard Brown	M	8:47	31:43	12:02	52:32
7	Richard Thompson	M	9:29	31:31	11:44	52:44
8	Nick Brown	M	10:37	29:37	13:16	53:30
9	Ellie Jones	F	7:06	33:38	13:08	53:52
10	Darrell Harrison	NM	9:03	32:33	12:54	54:30
11	Rhiannon Ace	NF	10:44	32:02	11:48	54:34
12	Mark Jones	NM	10:01	30:48	15:12	56:01
13	Jim Buck	M	8:40	33:38	15:13	57:31
14	Peter Munn	M	8:20	35:56	14:05	58:21
15	Andrew Mather	M	10:28	35:20	12:58	58:46
16	Huw Lewis	M	10:55	38:29	13:07	1:02:31
17	Karen Corcoran	F	10:17	37:18	15:07	1:02:42
18	Reuben Williams	NM	8:35	36:00	18:17	1:02:52
19	Alex Ilyat	NM	13:05	35:13	14:43	1:03:01
20	Mark Davies	M	13:32	34:50	15:31	1:03:53
21	Dave Howells	M	13:23	36:07	15:26	1:04:56
22	Lucy Elcomb	NF	12:52	36:53	15:22	1:05:07
23	Nia Owen-Williams	F	9:02	39:02	17:08	1:05:12
24	Nalda Wainright	F	9:00	39:55	16:46	1:05:41
25	Liz Moss	NF	8:12	43:31	14:40	1:06:23
26	Sally Wilkinson	F	10:59	43:16	17:21	1:11:36
27	Helen Scott	NF	15:14	42:41	18:16	1:16:11
	Ian Hipkins	M				DNF
	Clair Davies	F				DNS
	Julia Hill	F				DNS